Van Urgentie naar Verbinding

Handafdruk en IDG’s als wegwijzers in tijden van polarisatie

2024 System Shakers
Jeroen Janss / Inner Green Deal



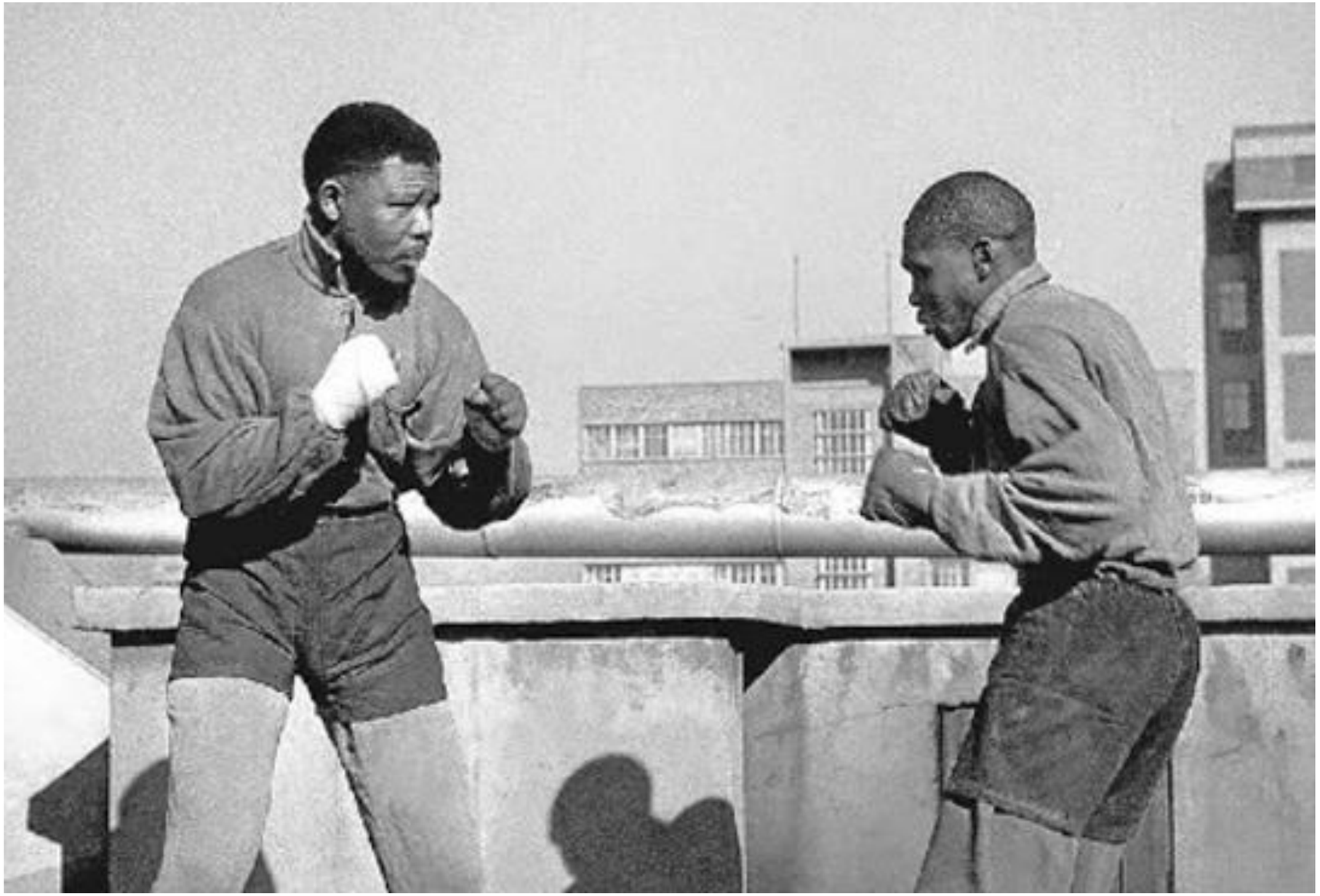
Agenda



Wat is de rol van innerlijke ontwikkeling?

Wat kunnen we leren van de IDGs?

Hoe vergroten we onze Handafdruk?



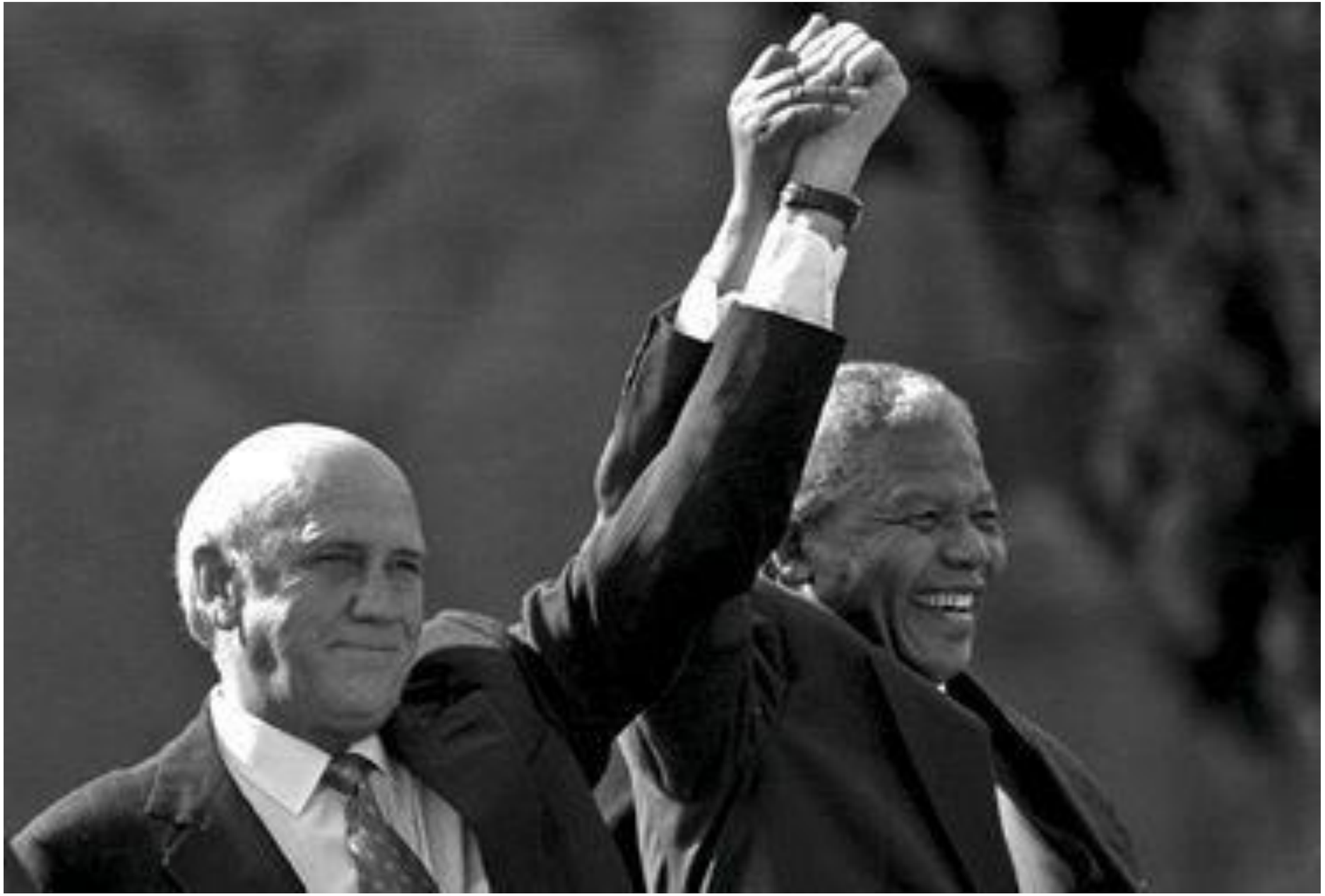
Source: Bob Gosani / Bailey's African History Archives



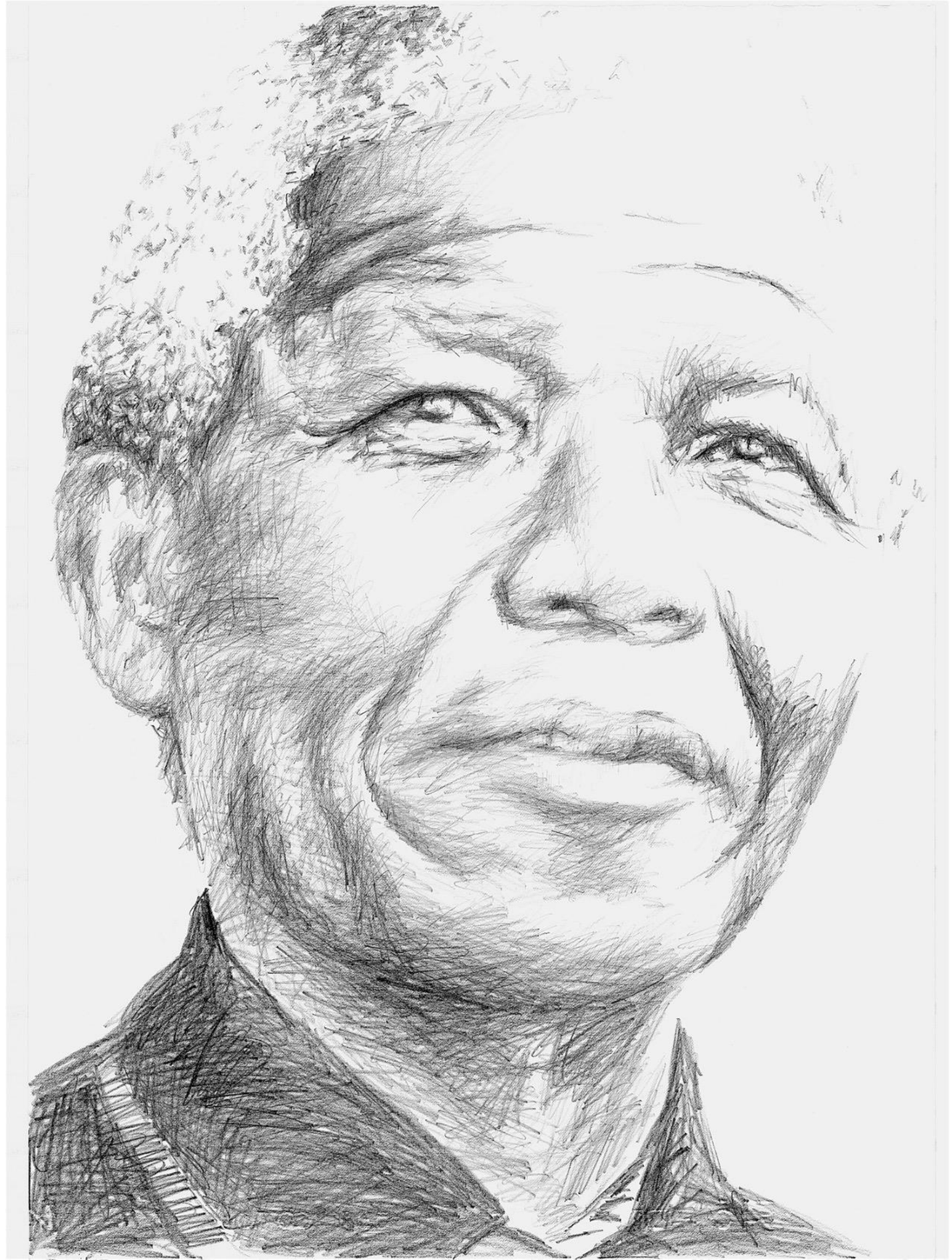
Source: Getty images



Source: Getty



Source: © REUTERS/Juda Ngwenya



“The first thing is to be honest with yourself.

You can never have an impact on society if you have not changed yourself…”

Nelson Mandela

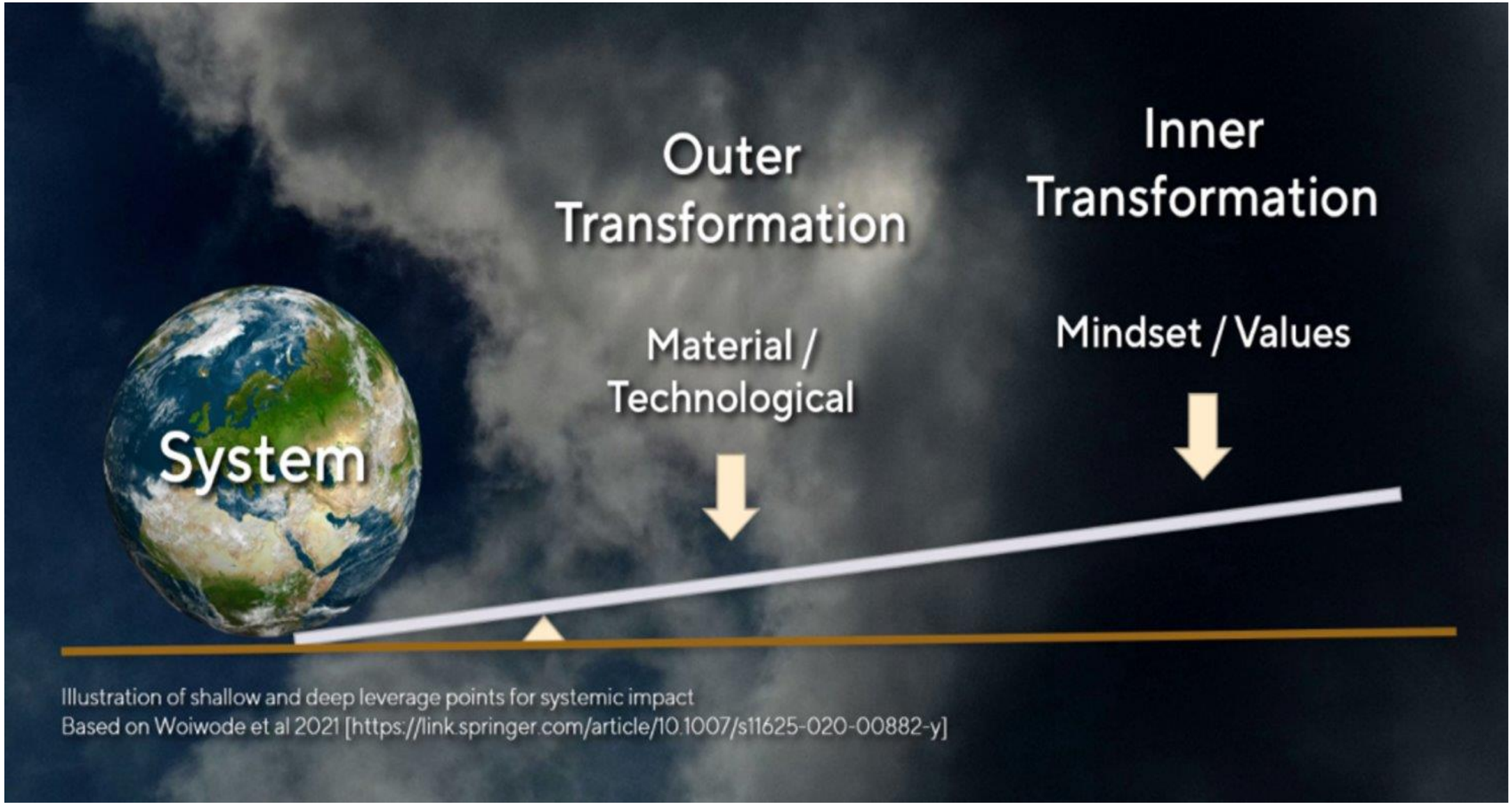


Illustration of shallow and deep leverage points for systemic impact
Based on Woiwode et al 2021 [https://link.springer.com/article/10.1007/s11625-020-00882-y]

A technical challenge

Implementing a new software system



Choose and implement the right software



Train staff to use software



Integrate with existing processes and workflows

Required:

- Technical expertise
- Clear guidelines
- Understanding how technology works

An adaptive challenge

Changing the Organizational Culture



Required:

- Adaptive leadership
- Constant learning
- Ongoing engagement with stakeholders

INNER GREEN DEAL

SUSTAINABLE DEVELOPMENT GOALS



INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development



In 2015, the UN Sustainable Development Goals provided us with a comprehensive plan for a sustainable world **by 2030.**

However, **progress is not happening fast enough**.
Right now, it doesn't look like we will reach the goals in time.



SDGs

Sustainable Development Goals

An Operating System
for the Planet

IDGs

Inner Development Goals

An Operating System
for Individuals and Organizations

IDG CO-FOUNDING PARTNERS

World Business Council for Sustainable Development

29k

Lund University

LUCSUS
CENTRE FOR SUSTAINABILITY STUDIES

Flourishing Network

The Human Flourishing Program at Harvard University

THE NEW DIVISION
Agents of Sustainability

Stockholm Resilience Centre
Stockholm University

IMD / Real learning Real impact

EKSKĀRET

INSTITUTIONAL PARTNERS



BUSINESS PARTNERS



INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development

The potential of a global learning community



500+

Hubs & Networks

80+

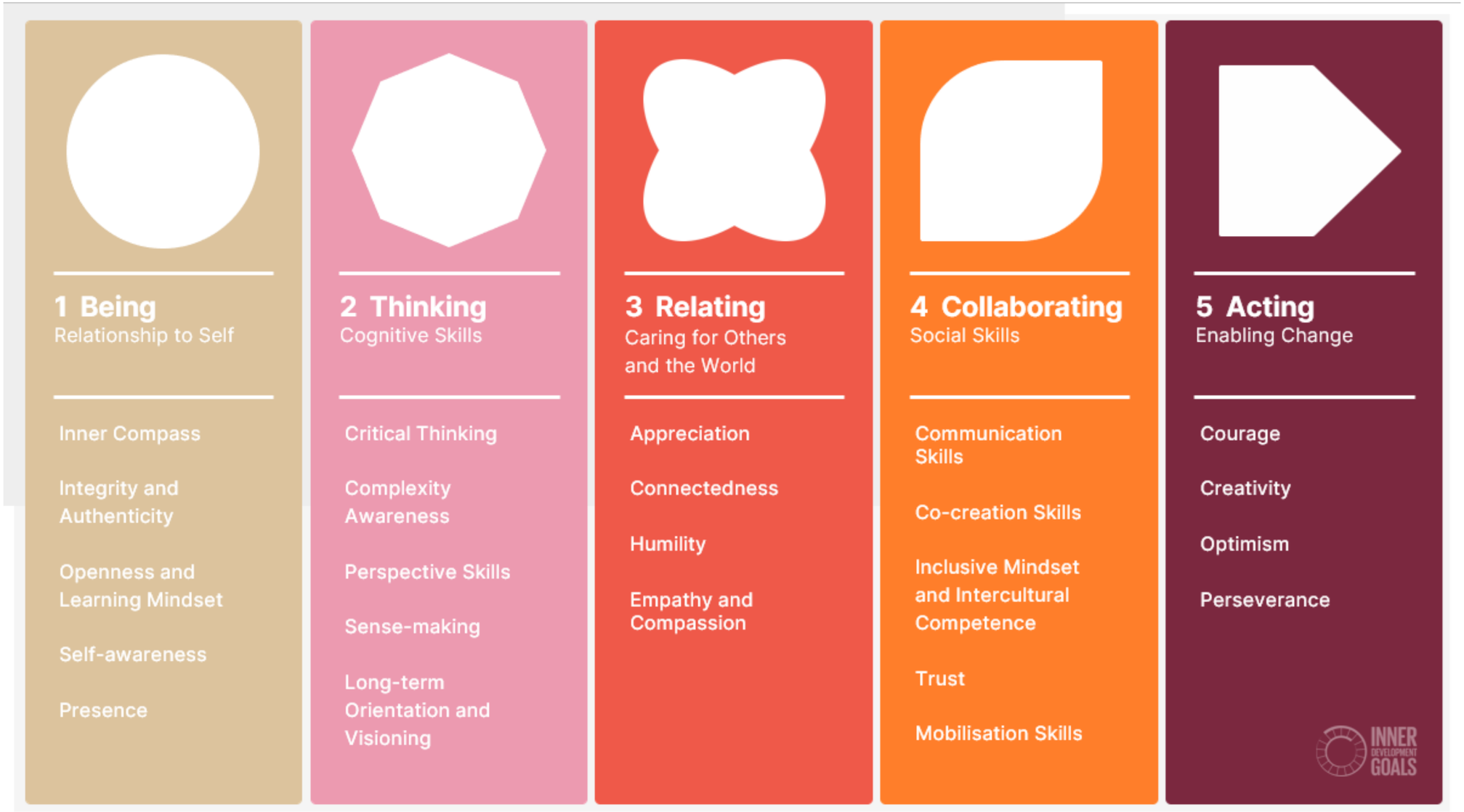
Countries

35,000+

Community Members

Inner Development Goals Framework

Skills for complex adaptive challenges



1. Being

Relationship to Self



Cultivating our inner life and developing and deepening our relationship to our thoughts, feelings and body help us be present, intentional and non-reactive when we face complexity.

- Inner Compass
- Integrity and Authenticity
- Openness and Learning Mindset
- Self-awareness
- Presence

2. Thinking

Cognitive Skills



Developing our cognitive skills by taking different perspectives, evaluating information and making sense of the world as an interconnected whole, is essential for wise decision-making.

- Critical Thinking
- Complexity Awareness
- Perspective Skills
- Sense-making
- Long-term Orientation and Visioning

3. Relating

Caring for Others and the World



Appreciating, caring for and feeling connected to others, such as neighbours, future generations or the biosphere, helps us create more just and sustainable systems and societies for everyone.

- Appreciation
- Connectedness
- Humility
- Empathy and Compassion

4. Collaborating

Social Skills

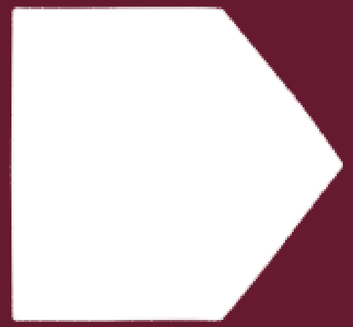


To make progress on shared concerns, we need to develop our abilities to include, hold space and communicate with stakeholders with different values, skills and competencies.

- Communication Skills
- Co-creation Skills
- Inclusive Mindset and Intercultural Competence
- Trust
- Mobilisation Skills

5. Acting

Enabling Change



Qualities such as courage and optimism help us acquire true agency, break old patterns, generate original ideas and act with persistence in uncertain times.

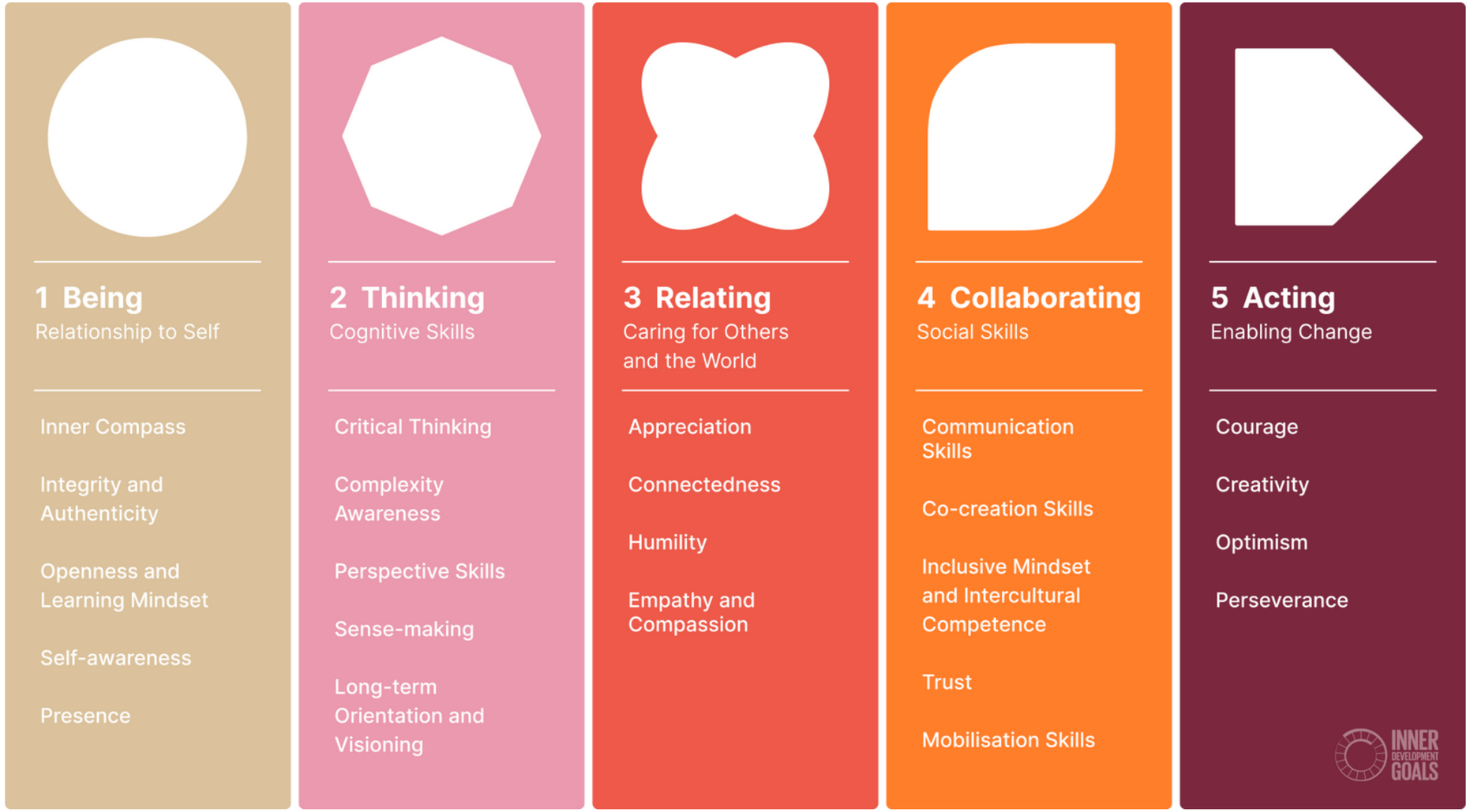
- Courage
- Creativity
- Optimism
- Perseverance

Waar sta ik?

Vragen voor dialoog:

- *Welke dimensies zijn bij mij sterk ontwikkeld en welke minder sterk?*
- *Hoe is dat zichtbaar in mijn werk?*

The five dimensions of the IDG Framework



1) Welke dimensies zijn bij mij sterk ontwikkeld en welke minder sterk?

2) Hoe is dat zichtbaar in mijn werk?

Ieder 3 minuten

INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development

Common ground



Confidentiality



Speaking from the ‘I’



Active listening



Self-care

Hoe vergroten we onze impact en wat is de rol van innerlijke ontwikkeling?



Community Handprint

A UN Climate Change Global Innovation Project

Community Handprint?

The Community Handprint approach cultivates ***collective action*** that contributes to ***positive change*** in the world.

It contrasts with the ‘Footprint’ approach which traditionally focuses on the ***negative impact*** of individuals.

Examples of Community Handprints.

OUTER Handprint activities at the community level include:



Clean Energy Projects



Urban Greening



Advocacy Initiatives

Examples of Community Handprints.

INNER Handprint activities at the community level include:



Resilience building in nature



Community building



Enhancing collaboration skills

Your Outer Handprint.



Op welk thema richt je je in je werk?

Wat zijn de belangrijkste obstakels die je tegenkomt in je werk waar jij rechtstreeks impact op kan hebben?

Your Inner Handprint.

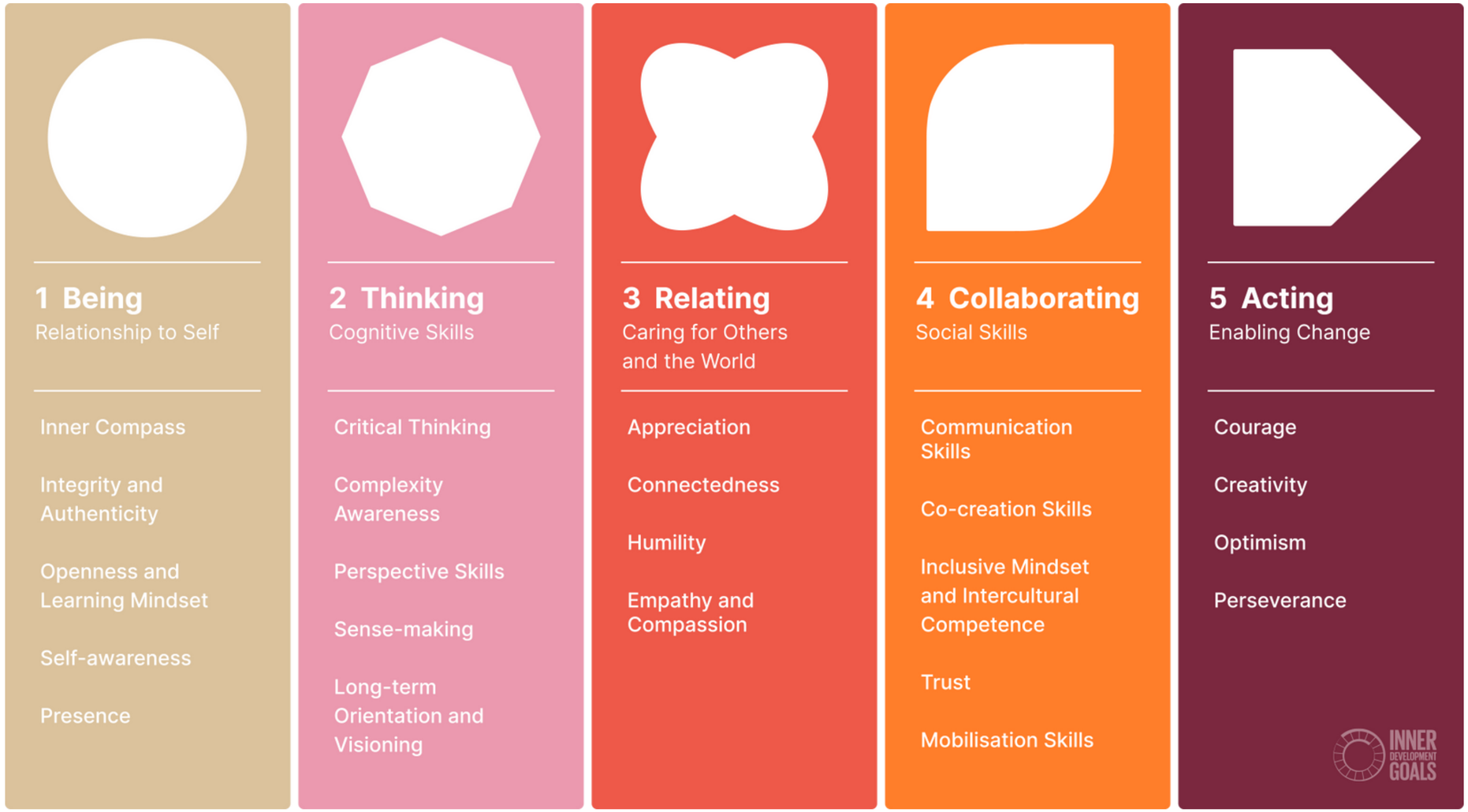


Noem 1 IDG kwaliteit of vaardigheid die een belangrijk verschil zou kunnen maken tijdens het komende jaar.

Hoe kan je deze vaardigheid ontwikkelen?

Beschrijf een concreet experiment om deze vaardigheid in de praktijk te brengen.

Your Inner Handprint.



1) Noem 1 IDG kwaliteit of vaardigheid die een belangrijk verschil zou kunnen maken tijdens het komende jaar.

2) Hoe kan je deze vaardigheid ontwikkelen?

3) Beschrijf een concreet experiment om deze vaardigheid in de praktijk te brengen.

INNER DEVELOPMENT GOALS
Transformational Skills for Sustainable Development

Deel met de persoon naast je: ieder 3 minuten



Jouw “Outer Handprint”

1) Thema / focus van jouw werk
2) Obstakels die je wilt overwinnen



Jouw “Inner Handprint”

1) 1 IDG vaardigheid die het verschil kan maken
2) Hoe je de vaardigheid gaat ontwikkelen
3) Een concrete toepassing / experiment

The path of inner development

- Slow down
- Take time to reconnect with yourself, with others and with nature
- Find a community of like minded (eg. IDG hub near you)
- Understand where you are on your journey and what practices could help you to develop key skills and qualities
- Find a good inner development programme
- Apply your learnings in your community or at work but start small
- Create healthy and helpful habits to sustain your intentions

Find an IDG hub near you or start your own

IDG hubs in Belgie:

Belgium, IDG Belgium Leadership Network, Maarten Leyts, maarten@trendwolves.com
Belgium, Brussels, IDG Brussels Conscious Community Hub, Antoine Sepulchre, antoine.sepulchre@gmail.com
Belgium, Brussels, IDG Brussels Inner Green Deal Hub, Lettemieke Mulder, lettemieke.mulder@innergreendeal.com
Belgium, Brussels, IDG Hub Flanders, Kathleen Melis, kathleen@socialeinnovatiefabriek.be
Belgium, Brussels, IDG Wallonia Human Patterns Hub, Samuel Dejong, samuel.dejong@humanpatterns.org
Belgium, Ghent, IDG Ghent Luca School of Arts Hub, Fabienne Beernaert, fabienne.beernaert@luca-arts.be
Belgium, Mechelen, IDG Mechelen ViaVia Tourism Academy Hub, Ruth Cloet, ruth@vvta.be
Belgium, Wavre, IDG Wallonia 28 Hub, Christophe Koninckx, christophe@entrepreneuriat-transition.be
Global, IDG Global Green Network, Jeroen Janss, jeroen.janss@innergreendeal.com

www.innerdevelopmentgoals.org

Join the Inner Green Deal Community

- Capacity Building Programmes and Teacher Training
- Nature Walk on March 21 (International Forest Day)
- Newsletter
- Inner Green Deal podcast







Let’s connect

jeroen.janss@innergreendeal.com

innergreendeal.com

Jeroen Janss